

Hospice of the Panhandle Education

Presenter	Nichole May, MS, NCC, LCPC
Course	Compassion Fatigue: Preventing burnout and building resilience
Date	Friday, March 2, 2018 8:15 - 11:45 a.m.
Location	Hospice of the Panhandle 330 Hospice Lane, Kearneysville, WV 25430
Cost	\$60 (<i>Continental breakfast provided.</i>)

*Hospice of the Panhandle is a WV Social Work Category I CEU provider (490109) and this program is being offered for **three (3) Category One** Social Work Continuing Education Credits.*

ABOUT THE PROGRAM & PRESENTER

The manifestation of compassion fatigue, vicarious traumatization, emotional exhaustion, stress and burnout are an unfortunate consequence for many helping professionals. The cumulative negative effects can be profound and possibly devastating unless these stressors are handled properly. This workshop will help clinicians understand, recognize and evaluate compassion fatigue. Specific intervention strategies and activities will be included in order to help practice self-regulation, intentionality, connection, and self-care.

Nichole "Nikki" May, MS, NCC, LCPC holds a Bachelor's of Arts in Psychology and Religion from Hood College in Frederick, Maryland as well as a Master's Degree from Loyola University's Pastoral Counseling Program. She has done clinical work in various settings including crisis intervention and community mental health in an outpatient setting. She is currently employed by Brook Lane Health Services and works as a weekend therapist in their inpatient unit, where she has served this population for the past 9 years. She has a special interest in holistic approaches to mental health as well as the intersection of psychology, spirituality and religion.

**To register for this workshop, or for more information,
please contact Marian Simpson at 304.264.0406 or msimpson@hospiceotp.org**

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Hospice
of the Panhandle